

HEART SURGERY

PART 2 — *Elder Zach Volker - July 26, 2026*

1. The New Birth

John 3:1-16

2. What does Water & Spirit mean?

Ezekiel 36:22-27, Jeremiah 31:31-34

3. We have a new Identity & Assurance of Salvation

Romans 8:12-17

4. We will still struggle with our sin

Galatians 5:16-24

5. We are no longer slaves to our sin

Romans 6:15-19

6. It will require hard work to be obedient

1 Timothy 4:6-10

7. God's Spirit will empower you to fight your sin

Phil 1:6

8. We're able to trust God in times of uncertainty and still have Joy

1 Peter 1:6-9

So What?

DISCUSSION QUESTIONS

- 1. Why did Nicodemus have such a hard time understanding the concept of being Born Again?*
- 2. Of all the aspects of the New Heart discussed this morning, which is the most encouraging to you right now?*
- 3. When we're struggling with a particular sin, how can understanding our new identity in Christ be a tremendous encouragement to us to keep fighting?*
- 4. The Christian life is often described as "95% attitude." As we cultivate this new heart this week, what is one specific area (work, marriage, traffic, conflicts) where you need to intentionally ask the Spirit to adjust your attitude?*
- 5. Have you seen an increase in the sensitivity to your own sin in your life? If so, how?*
- 6. What do you think is the difference between obeying out of obligation vs. obeying to please God? Do you think it's an important distinction?*
- 7. Why do you think that sometimes we might "feel" like we don't have a new heart?*
- 8. What do you think it looks like to examine your heart, and see if you really are living for Jesus? (2 Cor 13:5)*